

Iowa Wrestling Coaches & Officials Association and The Predicament join
Female Elite Wrestling and Independence Wrestling Club to present:

Female Elite Wrestling Folkstyle Championships March 4, 2018

***** GIRLS ONLY, PreK-12, ALL EXPERIENCE LEVELS*****

LOCATION: Independence High School, 700 20th Ave SW, Independence, IA 50644

WRESTLE: Sunday 3/4/18 @ 8:30AM to completion

WEIGH-IN (wearing singlet): 3/3/18 5-6PM at hotel or 7-7:15AM at Independence High School

ENTRY FEE: \$30 on [TrackWrestling](http://TrackWrestling.com) before noon 3/3/18; **NO WALK-INS.** USA Wrestling membership is required (purchase online at www.usawmembership.com).

Contact Coach Bailey for any assistance; limited scholarships are available to reduce costs.

DIVISIONS AND WEIGHTS: (Pre-K to 8th grade Madison Brackets will be built based on actual weights)
PeeWee (2012-2014) Intermediate (2009-2011) Novice (2006-2008) Middle School (2003-2005, Grades 6-8)

** Weight Classes will be used for the High School Division: 108, 115, 122, 130, 140, 155, 170, 191, 191+

STYLE/RULES: ROUND ROBIN FORMAT for brackets of 5 or fewer

- ❖ **One Piece or Two Piece Singlets may be worn**
 - High School Team Singlets may be worn with school's permission
 - FEW has women's cut singlets athletes can borrow or purchase
- ❖ **Modified Scholastic/Folkstyle Rules**
 - Period lengths: Championship: 2/2/2; Consolations: 1/1/1
 - Headgear and hair cover optional
 - All Restarts Neutral (no top/bottom restarts, more action/takedowns)
 - Pushout Point Awarded for Out of Bounds

AWARDS: Top 6 Receive Custom Medals; Youth, Middle School, and High School OW Awards

Where to Stay on March 3rd:

Comfort Inn Independence, IA

Hotels also available in Waterloo,
Cedar Rapids or Iowa City/Coralville

Spectator Admission: \$10 Adults /

Kids & Students Free!

**Great Concessions Available Courtesy of the
Independence Booster Club!**

**Tournament T-shirts will have athlete names on the back for
participants registered by 2/16/18; preorder on trackwrestling!**

Contact Tournament Director Charlotte Bailey

with questions at (319) 400-2126 or

coach@femaleelitewrestling.org



This tournament sanctioned by USA Wrestling, Inc.