



Records on female wrestlers in Iowa are hard-to-find. Below is a list of athletes from Iowa who have achieved All-American status, wrestler of the year, wrestled collegiately or distinguished themselves in some other way. We hope to continue to fill this in.

* Denotes National Champion

** Denotes World Champion

Athletes	College Attended	USAW All-American							Asics HS All-American	College All-American	Wrestler of the Year (IA)
		Cadet Folk	Cadet Free	UWW Cadet	Jr Folk	Jr Free	UWW Jr	Senior			
Atina Bibbs								93*			
Dominique Smalley							93**				
Tiffany Sluik	Jamestown					08	20	13	2 nd -08	10,13	08
Roni Goodale	Lindenwood-Belleville			09*	11*	11			1 st -10,2 nd -09	12	09,10
Jessica Fresh	Waldorf						12			12,13,14	
April Ritts	Waldorf				11	11	12				
Megan Black	Mckendree					11,12*	13,14		1 st -13	14,16,17	
Sharice Schnell	Missouri Valley					10,12,13					
Jasmine Bailey	Mckendree	11	11	11,12	12,13*,14*	13,14	13,15		1 st -14, 2 nd -13,12	15,17	14
Cassy Herkelman	Mckendree	11,12	11,12*	12,13	11,12	11,12,14	13		1 st -11,12,13	15,16	11,12
Anna Poyner	Missouri Valley	11,12								17	
Tori Goodale		12									
Rachel Watters	Oklahoma City	12,13	13*	14	14*,15,16*	13,14,15*,16*	15*,16*,17*	16,17	1 st -15,16 3 rd -14		
Nicole Watters		14									
Alanah Vetterick		14,15	16		16	16					
Ciana Sonberg		14*,15*		16	15,16						
McKinna Faulkenberry		14	15								
Felicity Taylor		16	15			17					

Other wrestlers from Iowa who have wrestled collegiately but have not achieved All American status: Julie Johnsen-Waldorf, Karleigh Shuff-Lindenwood Belleville