Outstanding
Wrestler Awards
Earned in
Kids/Middle/High School
Divisions

Independence High School Independence IA Wrestling starts March 8th 8:30am

Register
BEFORE Noon
March 6th
Trackwrestling.com





CUSTOM MEDALS to TOP 6 placers

Championships

WHO CAN COMPETE

- Open to GIRLS ONLY
- Out of State Wrestlers WELCOME
- 2020 USAW Membership Required
- \$15 IA limited Folkstyle Membership accepted

Need based scholarships available

PreORDER TOURNAMENT SHIRTS ONLINE In Trackwrestling

Modified Folkstyle Rules

- ✓ Neutral Restarts
- ✓ Out of Bounds Pt
- ✓ No Headgear Required

FEMALEELITEWRESTLING.ORG



TOURNAMENT DIRECTOR Charlotte Bailey

coach@femaleelitewrestling.org





March 7th 5:30-6:00pm @ Host Hotel--- Comfort Inn March 8th 7-7:30am @ HS

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COMPETITION DETAILS

AGE DIVISIONS & WEIGHT CLASSES (MAY BE ADJUSTED AS NEEDED)

H.S. 9th - 12th Grade · 103-108-115-122-130-140-155-170-191-191+

'05 -'07 (no HS) · 73-82-89-97-102-108-115-124-136-148-165-165+

'08 - '09 · 58-65-73-82-89-95-100-107-115-124-136-148

'10 - '11 · 52-58-65-73-82-89-95-95+

'12 - '13 (blocked weights)

PeeWee (blocked weights)

· SINGLET REQUIRED FOR WEIGH-INS·

BRACKET FORMAT

6 or more · Traditional Line Bracket

5 or fewer · Round Robin

PERIOD LENGTHS

High School 2:2:2

Middle School 1.5:1.5:1.5

Novice - PeeWee 1:1:1

All Consolations 1:1:1

WHERE TO STAY

Comfort Inn or Super 8

Independence IA

Group Name FEW Wrestling Tournament

REGISTRATION FEE

9U - High School \$30

6U \$20

No Walk Ins

ADMISSION COST

Kids & Students Free

Adults \$10

Current USAW Leaders Free

(formerly coach membership)



THE PREDICAMENT lowa's Wrestling News Source and Rankings

This tournament is USAW sanctioned

